Music Therapy at Eastern Michigan University Presents

Conscious Drumming: Drumming from the Heart

James E. Borling, MM, MT-BC, FAMI
Saturday, September 20, 2014  8:30 a.m. to 4 p.m.
Orchestra Room    Alexander Music Building Eastern Michigan University

Jim Borling (MM, MT-BC, FAMI), professor of music, director of music therapy at Radford University, Board Certified Music Therapist and a Fellow of the Association for Music and Imagery. Professor Borling has 34 years of experience in clinical music therapy in addition to teaching for more than 30 years at Radford. His clinical background includes emotionally disturbed children and adolescents as well as persons with developmental disabilities. His current focus is working in programs for people with addictions and well as the use of Music Evoked Imagery (MEI) as an approach to depth work in the field of Music Therapy, informed through the Bonny Method of GIM, of which he is a primary and international trainer. Along with his wife Nannette, Jim is co-founder of MusicVisions, LLC, where he maintains a clinical private practice in his hometown of Roanoke, Virginia. Jim’s publications include research in music and biofeedback, clinical applications of Guided Imagery and Music (GIM), drumming as a therapeutic group experience, music therapy with addictions, and more. His writings can be found in The Journal of Music Therapy, Music Therapy Perspectives, The Journal for the Association for Music and Imagery, as well as book chapters in the field of music therapy.

This presentation will be held from 9:00 a.m. to 4:15 p.m. in the Orchestra Room in the Alexander Music Building (first floor, south wing) at Eastern Michigan University. (Registration begins at 8:30 a.m.) There is a space limit. This presentation is open to all music therapy students and professional music therapists who would like to attend.

Workshop Description: In this experiential workshop, participants will become more informed about the use of drumming as a structure for intentional group work, techniques for ongoing rhythm based group facilitation, concepts of conscious drumming, the importance of ritual and rhythm as core principles, and basic foundations of using the ‘talking stick’ in a drumming environment

Learning Objectives: As a result of this workshop, participants will learn:

a. use of drumming as a structure for intentional group work (SOP II.A.2.l, n, ab)

b. basic techniques for on-going rhythm-based group facilitation (SOP II.5.a)

c. an understanding of the ritual and tradition related to drum circles (SOP I.C.8)

d. an application of drum circles in both clinical and non-clinical settings (SOP II.3.c)

e. the role of the ‘talking stick’ in ritual drumming (SOP II.A.2.ag, ai)

f. basic foundations of using the ‘talking stick’ in a drumming environment (SOP II.A.2.ag, ai)

Conscious Drumming: Drumming from the Heart is approved by the Certification Board for Music Therapists (CBMT) for 6 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). Michigan Music Therapists (MMT), #P-014 maintains responsibility for program quality and adherence to CBMT policies and criteria

Workshop Content (This workshop is partially funded by the EMU Performing Arts Fund)

8:30-9:00A:  Workshop registration-continental breakfast

9:00-10:50A:  Introductions and orientation to the topic; Discussion of drumming and its various uses within the therapeutic community

11:00-12:30A:  Discussion of the Conscious Drumming format and structure. This will include the importance of ‘ritual’ and ‘rhythm’ as core principles in the Conscious Drumming structure.

LUNCH

2:00-2:50P:  Conscious Drumming: Drumming from the Heart”

3:00-4:00P:  Applications in the clinical setting.

4:00-4:15P:  CMTE evaluation
Please bring a floor, lap or frame hand drum with you if you have one. If you have one to share, that would be appreciated. Please mark all drums clearly with your name.

Directions to Alexander Music building can be found at http://www.emich.edu/musicdance/documents/pease_map.pdf